

# Manual Handling Workshop Work Health & Safety

Wednesday 5<sup>th</sup> December 2012



This industry specific workshop is suitable for  
Retail & Production Nurseries.



This workshop provides manual handlers with specific knowledge and techniques to help minimise the risk of manual handling injuries and improve their effectiveness and morale.

### What you'll learn:

- Techniques to improve Manual Handling that will reduce your risk of Costly WorkCover claims
- You'll do a risk assessment on a manual handling risk
- Learn to write the Safe Work Method Statement
- A competency assessment will be carried out on all the participants

### What you'll receive:

- Hazard identification, assessment and control papers and Safe Work Method Statement for a Manual Handling risk
- Examples of appropriate exercises to improve your musculoskeletal situation
- Competency Assessment Strategy



Meet Your Trainer: Ron Widman

**When:**  
Wed. 5 December 2012  
11:30am to 1:30pm

**Venue:**  
Andreasens Green  
1543 Elizabeth Drive  
Kemps Creek

**Cost:**  
NGINA Members: \$20  
Non Members: \$95

**RSVP:** 30 Nov. 2012

**Places available:** 20

## REGISTER ONLINE for you & your staff

For easy registration to this event, click [this link](#) or browse the website [www.ngina.com.au](http://www.ngina.com.au) to the 'Events> What's On' section and select the Manual Handling Workshop.

For further information call NGINA on T. 02 9679 1472 or click here for the NGINA Online Event Registration Walkthrough.

Cancellations: No refunds after 30<sup>th</sup> November.

